

## AROMATHERAPY USES

Aromatherapy is a technique dating back in time, with current research validating the new and traditional uses of essential oils. It is useful for preventative healthcare but does not replace a doctor's diagnosis. We offer therapeutic services, essential oil classes, and high quality products to help you relax and restore balance.

## SAFETY

With proper use, essential oils offer an enjoyable and fragrant therapy that complements other treatments. To avoid allergic reaction, test an oil by applying a drop inside the elbow and removing with vegetable oil if irritated.

## ABOUT US

Our blends, created by Linda Byington, RA, help others achieve better health through the use of essential oils. Linda is registered with the Aromatherapy Registration Council, and is a member of the Alliance of International Aromatherapists and Associated Bodywork & Massage Professionals.



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**Elemental  
Aromas, LLC**

## **PRODUCT CATALOG**

*A line of personal-care products using  
only the finest essential oils and  
natural ingredients*

*Scents to soothe the soul™*

**\* We help you restore balance for better  
health and well-being \***

## FOR BODY & BATH BLENDS

\*available in the bases described below\*

**99% Stress Free** – smoothes jangled nerves leaving a calm energy and a light, citrus scent. Blend: frankincense, grapefruit, lavender, and lemon.

**Aches Away** – sends muscle aches packing with a penetrating, menthol scent. Blend: black pepper, geranium, ginger, juniper, marjoram, peppermint, and spike lavender.

**Breathe Clear** – eases a stuffy head and chest with a clean, crisp scent. Blend: anise, cedarwood, cypress, eucalyptus, fir, peppermint, and rosemary.

**Deep Sleep** – facilitates falling asleep and will knock you out with a deep, soothing scent. Blend: clary sage, lavender, and marjoram.

**Joint Ease** – brings relief from joint pain with no medicinal scent. Blend: black pepper, cajuput, chamomile, clove, marjoram, plai, and thyme.

## FOR BODY & BATH BASES

\*available in the blends described above\*

Bath & Body Oil  
4 ounce - \$12.00

Hand & Body Lotion  
4 ounce - \$15.00

Body Cream  
6 ounce - \$21.00

## FOR EVERYDAY

Room & Body Spray in '99% Stress Free,' 'Aura Cleansing,' 'Blues Buster,' 'Chakra Balancing,' 'Clean Hands,' 'Deep Sleep,' 'Feet Treat,' 'Immune Tuneup,' or 'Outdoor Freedom' (4 oz) \$9.00

Lizard Lotion for Dry Skin Intense Body Cream (6 oz) \$23.00

Moisture Lip Balm in 'Peppermint' or 'Tea Tree & Lavender' (.15 oz) \$3.00

**Essential Oils Kit:** eighteen (5 ml) and two (1 ml) bottles of essential oils: Basil, Bergamot, Cedarwood, Clary Sage, Eucalyptus, Frankincense, Geranium, Ginger, Lavender, Lemon, Neroli, Sweet Orange, Patchouli, Peppermint, Petitgrain, Rose, Rosemary, Spruce, Tea Tree, and Vetiver. All oils are undiluted and come in a zippered case. Oils are produced from organic or wild grown plants. \$195.00

## FOR BEAUTY

Lavender & Geranium Facial Cleanser for all skin types (4 oz) \$10.00

Neroli & Rose Facial Toner for all skin types (4 oz) \$9.00

Rose & Lavender Luxurious Face Cream for dry and mature skin (6 oz) \$28.00

Wrinkles Be Gone Eye Cream (1 oz) \$9.00

Toning Bath & Body Oil (4 oz) \$12.00

Power Surge Body Spray (4 oz) \$9.00

## FOR BABIES

Lizard Lotion for Babies (6 oz) \$23.00

No More Colic for Babies Massage Oil (4 oz) \$8.00

No More Congestion for Babies Massage Oil (4 oz) \$8.00

No More Constipation for Babies Massage Oil (4 oz) \$8.00

Bliss for Babies Bath Powder (6 oz) \$12.00

**Babies Kit:** Bliss for Babies Massage Oil (2 oz), No More Colic for Babies Massage Oil (2 oz), No More Congestion for Babies Massage Oil (2 oz), Bliss for Babies Bath Powder (6 oz), toy ducky. \$35.00

## FOR PREGNANCY

Pregnant Belly Balm (6 oz) \$25.00

No More Leg Cramps Massage Oil (4 oz) \$9.00

No More Sleepiness Massage Oil (4 oz) \$9.00

No More Tummy Trouble Massage Oil (4 oz) \$9.00

Skinny Feet Bath Salts & Foot Soak (16 oz) \$16.00

**Birthing Kit:** Labor Enhancement & Pain Relief massage oil (2 oz), Transitional Stage massage oil (2 oz), Final Stages Compress (2 oz), Refreshing Face & Body Spray (2 oz), Refreshing Room Spray (2oz), washcloth. \$35.00